

Park Bookings
Business Support,
Council HQ, Newtown St Boswells, Melrose, TD6 0SA
Tel: 01835 824000 Fax: 01835 825071
Email: placebookings@scotborders.gov.uk



Park Booking Application Form

Please complete this form in blue or black ink and (except for signatures) entirely in CAPITAL LETTERS

1. Park Required:
HAYLODGE PARK, PEEBLES

2. Date Required
SATURDAY MORNINGS - START DATE TO BE DETERMINED – PROBABLY SPRING 2018
.....

3. **Category size (Fun Fairs only)**
Small – 1-5 stalls/rides
Medium – 6-20 stalls/rides
Large – 21 +

4. Name of Organisation
PARKRUN UK.....

5. Name, Address, Telephone Number and Email Address of Organiser:
MARTIN KELSO
3 EDDERSTON RIDGE VIEW, PEEBLES EH45 9NB
01721 724808 OR 07831 807821
martinkelso@yahoo.co.uk

6. Purpose of Hire:
WE ARE NOT SEEKING TO HIRE THE PARK BUT WISH TO GAIN PERMISSION TO HOLD A FREE WEEKLY RUN WITHIN IT

7. Time of Entry to Park
9.00AM.....

8. Time of Departure from Park
10.30AM.....

9. Additional Comments:-
THE RUN WILL BE ORGANISED ENTIRELY BY VOLUNTEERS. TARMAC PATHS WILL BE USED.
THE EVENT IS FREE TO TAKE PART IN AND PARTICIPANTS FROM AGE 4 ARE WELCOME TO RUN, JOG OR WALK. THE PARK WILL BE LEFT AS FOUND. PARKRUNS ARE ESTABLISHED EVENTS AND THIS WOULD BE THE FIRST IN THE SCOTTISH BORDERS.
<http://www.parkrun.org.uk/>

Signed  Date 01/10/2017

I agree to make good any damage caused to the site. Failing this I will re-emburse Scottish Borders Council in full, for works undertaken to make the site good, to their satisfaction.

When completed, this form should be emailed to placebookings@scotborders.gov.uk.

3 Edderston Ridge View
Peebles
EH45 9NB

4th October 2017
Sarah Jameson
Scottish Borders Council

Dear Sarah

Parkrun for Peebles

A group of volunteers is seeking to set up a parkrun in Peebles. Further to our telephone conversation today I have attached a park booking form together with a course description and map and a risk assessment document. The local group is working with Susan Morrison the Scottish organiser for Parkrun and she has confirmed that the proposed route meets their requirements.

I am leading the work to co-ordinate the process of gaining approval for the course.

What is Parkrun?

Parkrun organise free, weekly, 5km timed runs around the world. They are open to everyone, free, safe and easy to take part in. Parkruns take place in pleasant parkland surroundings and the aim is to encourage people of every ability to take part; from those taking their first steps in running to Olympians; from juniors to those with more experience. All are welcome to participate. The events are managed by local volunteers and take place at 9.30 every Saturday morning.

There are currently 459 parkrun events in the UK with over 1.3m registered parkrunners. Scotland has 28 parkruns but none in the Scottish Borders – we want to change that. Peebles is an ideal location for a parkrun with an active community and a fantastic setting. More details are contained on the website at:

<http://www.parkrun.org.uk/>

What do we need to do?

We have identified a course and this letter is the start of the process to gain the appropriate approvals. In addition, we are seeking participants and volunteers (you can do both) and some help with start-up funding. I am confident that there will be plenty of demand within the town. If possible we would like to start a Peebles Parkrun in Spring 2018.

I hope that the information is sufficient for your review process but should you require further information please contact me via phone 07831 807821 or email

martinkelso@yahoo.co.uk

Yours sincerely



Martin Kelso

Parkrun options

This is information I shared last year – hopefully it is still relevant and valid

Having reviewed the Parkrun site many courses involve multiple laps of parks smaller than the ones we have in Peebles - the run in Portobello consists of 3 laps round the park. I walked round the attached route in Haylodge Park

Key points

1. Easily accessed and next to car parking (and toilets subject to SBC support)
2. All on paths
3. Intuitive and easily marshalled - can't get lost
4. Not very hilly - the big hill is down
5. Visually attractive to residents and visitors
6. Start and finish close together

Route

1. Assemble at the entrance to the park next to the Rugby Gym
2. Start next to the Gym and run down the long straight towards Neidpath - widest path plenty of space
3. At the end of the park turn left and run next to the river towards Fotheringham bridge (probably need a Marshall here).
4. Pass the bridge up the path towards the Rugby Gym – by the time the first runners get here the slower runners will already be past the junction – nobody heading in opposite directions
5. Pass the Gym along the wall next to the road to the first diagonal path that drops down towards the river
6. At the bottom of the hill bear right and follow path towards the end of the park
7. Left at the end and along the river past Fotheringham Bridge
7. Up the path to the Rugby Gym
8. Repeat the lap - along the wall, down the hill, bear right, turn left at end of park, past Fotheringham Bridge and up to the Gym
9. Run along the wall down the hill
10. At the bottom bear left and the finish would be at the shelter below the rugby pitches

I've attached my Strava picture.

https://www.strava.com/activities/766334171/shareable_images/map_based?hl=en-GB&v=1478342986

<https://screenshots.firefox.com/e5Gv15n5VtkE4G3F/www.strava.com>

M K - Run

09:57 on Saturday, 5 November 2015

Parkrun Peebles 1

Add a description

5.0 km 44:00 8:44/km

Elevation 46m Elapsed Time 51:20 Calories -

Strava Android App Shoes -

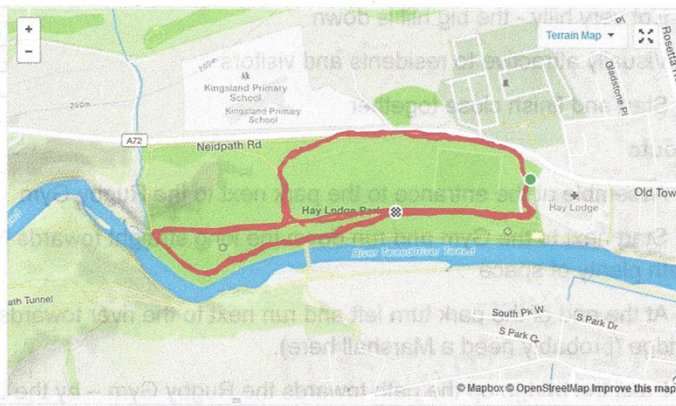
View Flybys

Runs on this Route

This Run 8:44/km

Nice Work! Run this route again to see how you're progressing. [Learn More](#)

Splits			
KM	Pace	GAP	Elev
1	8:58 /km	8:50 /km	-3 m
2	8:42 /km	8:30 /km	4 m
3	8:46 /km	8:31 /km	1 m
4	9:16 /km	9:07 /km	-4 m
5	7:58 /km	7:54 /km	-0 m



Mapbox © OpenStreetMap Improve this map

The distance has been formally measured. The main advantage of this course is it all on paths and doesn't involve any bridges which are potential bottlenecks with other users.

Martin Kelso